

## Time Trial Results for: 21/08/2025

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3 R		1	Jenkins Heather	17.21	16.51	16.58
3 R		2	van Groeningen Lester	20.47	15.15	17.08
3 R		3	Roberts Meagan	22.18	19.37	19.45
5 R		1	Nothnagel Ryno	22.33	22.03	22.03
5 R		2	Wright Darren	26.32	24.44	25.22
5 R		3	Gouws (Sen) Danie	27.10	24.46	26.06
5 R		4	van der Westhuizen Petro	27.17	SB	27.17
5 R		5	van den Berg Lizelle	27.33	PB	27.33
5 R		6	Roberts Kobus	28.20	26.30	26.30
5 R		7	Burton Sylvia	28.24	25.55	27.22
5 R		8	Bester Hennie	29.40	24.54	24.54
5 R		9	Siqhaza Lorna	30.00	PB	30.00
5 R		10	Lang-Gordon Warren	30.15	30.15	30.15
5 R		11	Coetzee André	30.36	26.43	27.37
5 R		12	Hanna Les	30.50	22.31	27.39
5 R		13	Burton Peter	39.52	31.05	31.05