

# Time Trial Results for: 11/09/2025

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Jenkins Heather	17.15	16.51	16.58
3	R	2	Jenkins Charlie	17.15 PB	17.15	17.15
3	R	3	Johnston Tamaryn	19.07	17.01	17.55
3	R	4	van der Walt Jason	19.08	18.32	18.32
5	R	1	Bennett James	18.21 PB	18.21	18.21
5	R	2	van Dyk Gerrit	21.37	19.50	20.29
5	R	3	Nothnagel Ryno	22.06	22.03	22.03
5	R	4	Magnus Terjler	23.16	23.16	23.16
5	R	5	Serfontein Derrick	23.33	23.33	23.33
5	R	6	Silolo Namhla	24.21	23.13	23.13
5	R	7	Erasmus Mariska	24.42	24.21	24.21
5	R	8	Austin Jordan	25.32	25.32	25.32
5	R	9	Wright Derrick	25.40	25.40	25.40
5	R	10	Mathee Rosené	28.33	25.00	25.00
5	R	11	Blom Josua	28.33	22.46	25.00
5	R	12	Filander André	28.59	24.17	28.25
5	R	13	Beeton Kenny	34.39	30.20	33.13