

Time Trial Results for: 24/07/2025

Distance	R/W	Position	Athlete	Time (mm.ss)	PB	SB
3	R	1	Jenkins Heather	18.02	16.51	16.58
3	R	2	Privett Michelle	19.29	18.30	19.13
3	R	3	Johnston Tamaryn	19.31	17.01	18.06
3	R	4	van der Walt Jason	19.41	18.39	18.39
5	R	1	Henshall Michael	21.09	20.23	20.23
5	R	2	Nothnagel Ryno	23.35	23.35	23.35
5	R	3	Gouws (jnr) Danie	23.42	SB	23.42
5	R	4	van der Walt Wessel	24.36	24.24	24.24
5	R	5	Wright Darren	25.55	24.44	25.22
5	R	6	Anderson Tracy	26.23	26.05	26.05
5	R	7	Gouws (Sen) Danie	27.10	24.46	26.06
5	R	8	Burton Sylvia	27.52	25.55	27.22
5	R	9	Bester Hennie	27.55	24.54	24.54
5	R	10	Nothnagel Caitlin	28.29	28.29	28.29
5	R	11	Henshall Tamsyn	30.20	28.52	28.52
5	R	12	Hanna Les	30.27	22.31	27.39
5	R	13	Burton Peter	33.16	31.05	31.05