

# Time Trial Results for: 13/03/2025

| Distance | R/W | Position | Athlete               | Time (mm.ss) |    | PB    | SB    |
|----------|-----|----------|-----------------------|--------------|----|-------|-------|
| 3        | R   | 1        | van Schalkwyk Cassie  | 21.45        | PB | 21.45 | 21.45 |
| 3        | R   | 2        | van Schalkwyk Tandy   | 21.46        | PB | 21.46 | 21.46 |
| 5        | R   | 1        | Henshall Michael      | 21.28        |    | 21.02 | 21.02 |
| 5        | R   | 2        | Holme Jono            | 22.22        |    | 22.15 | 22.15 |
| 5        | R   | 3        | Grant Alex            | 23.23        |    | 23.23 | 23.23 |
| 5        | R   | 4        | Johnston Jordan       | 26.45        | SB | 22.12 | 26.45 |
| 5        | R   | 5        | Anderson Tracy        | 27.30        | PB | 27.30 | 27.30 |
| 5        | R   | 6        | Burton Sylvia         | 29.08        |    | 25.55 | 27.47 |
| 5        | R   | 7        | Johnston Tamaryn      | 30.33        | SB | 30.08 | 30.33 |
| 5        | R   | 8        | van der Walt Jason    | 30.56        | PB | 30.56 | 30.56 |
| 5        | R   | 9        | Henshall Tamsyn       | 31.00        |    | 30.08 | 30.08 |
| 5        | R   | 10       | Burton Peter          | 33.55        | PB | 33.55 | 33.55 |
| 5        | R   | 11       | van Groeningen Lester | 34.08        |    | 26.15 | 28.35 |
| 5        | R   | 12       | van Groeningen David  | 37.08        |    | 21.46 | 37.08 |