

## Time Trial Results for: 19/12/2024

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
3	R	1	Gillion Frank	15.14		11.06	13.50
3	R	2	Jenkins Heather	18.40		16.51	16.51
3	R	3	Kohn Wilfred	18.53	SB	17.33	18.53
3	R	4	Johnston Tamaryn	19.00		17.01	17.01
3	R	5	van der Walt Jason	19.01		18.43	18.43
3	W	1	Cooper Tania	24.26		20.38	24.26
5	R	1	Gouws (jnr) Danie	25.55		20.03	20.25
5	R	2	Jenkins Charlie	25.55		20.07	25.09
5	R	3	Wright Darren	26.32		24.44	25.12
5	R	4	Burton Sylvia	27.05		25.55	25.55
5	R	5	Gouws (Sen) Danie	27.38		24.46	26.17
5	R	6	Conradie Karen	29.04		26.41	26.41
5	R	7	Hanna Les	29.05		22.31	27.58
5	R	8	Filander André	30.19		24.17	26.35
5	R	9	Bester Hennie	30.30		27.34	27.34
5	R	10	Burton Peter	36.40		33.55	33.55
5	R	11	Nel Annarie	38.44		26.05	37.20
8	R	1	Mcguirk Roy	40.39		40.39	40.39
8	R	2	McGuirk Helen	40.39		40.39	40.39