

Time Trial Results for: 09/01/2025

Distance	R/W	Position	Athlete	Time (mm.ss)		PB	SB
5 R		1	Blom Josua	25.35		22.46	25.35
5 R		2	Wright Darren	26.07	SB	24.44	26.07
5 R		3	Jackson Sam	26.17		24.45	25.20
5 R		4	Matthee Rosené	26.27		26.10	26.27
5 R		5	Pretorius Ella	26.52	PB	26.52	26.52
5 R		6	Gouws (Sen) Danie	27.41		24.46	27.41
5 R		7	Gouws (jnr) Danie	27.43		20.03	27.43
5 R		8	Venter Dewald	29.01		29.01	29.01
5 R		9	Venter Shavonne	29.02		29.02	29.02
5 R		10	van Groeningen Lester	29.25		26.15	29.25
5 R		11	Hanna Les	29.32		22.31	29.32
5 R		12	Johnston Tamaryn	32.05		30.08	31.16
5 R		13	Pretorius Paul	32.18		25.09	32.18
5 R		14	Jenkins Heather	33.27		33.27	33.27